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|  | **TEN MILES TIME TRIAL LEAGUE.****Presented for and on behalf of Cycling Time Trials under its rules and regulations.****Course . V714****June 12th / June 26th / July 10th / July 24th****HQ. Newport Village Hall [HU15 2PR]****HQ opens at 18.00** |

**Course details.** Start on B1230 in Gilberdyke 5 miles East of Howden TI at a point approximately 110yds West of Gilberdyke Service Station at a paint mark on the road. Proceed West on the B1230 to encircle Howden traffic island and retrace East through Gilberdyke to finish at a point 15yds past entrance to the car park of the White Horse public house in Scalby.

Please take care approaching Gilberdyke on the return leg where there is a Pelican Crossing. This will be marshalled but not controlled in riders favour.

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| **Organiser.**Geoff Backshall21 Manorfield Road DriffieldYO25 5JETel: 07951032119backshallg@gmail.com | **Timekeepers:**Richard FosterBetty Philipson**Clerk:**Julie King |

Prizes.

Overall Points. £100/£80/£60/£50/£40/£30.

Overall Aggregate time. £100/£80

Plus the following categories:

Senior including Espoir and Junior. £60/£50/£40

Vets. 40 – 49. £60/£50/£40

Vets. 50 – 59. £60/£50/£40

Vets. 60+. £60/£50/£40

Ladies. £60/£50

Riders may win awards in more than one category.

The organisers strongly recommend all riders wear a suitable helmet and also have a working rear light displayed on the bike. All Under 18 riders must wear a suitable standard helmet.

**DON’T FORGET TO SIGN IN AND SIGN OUT AFTER THE EVENT!**